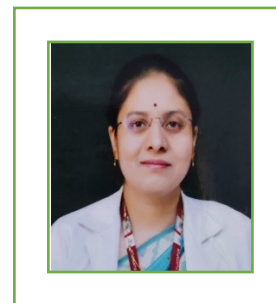


FACULTY PROFILE



Sl. No.	Particulars	
01	Name of the Faculty	Dr. Ashwini A. Nimbal
02	Contact Number (Registered with NCISM OTMS)	9880515100
03	Email	drashwinikchadchan@gmail.com
04	Department	Kriya Shareera
05	Designation	Professor and HOD
06	NCISM Teachers Code	AYSS00485
07	Qualification	BAMS, MD (Ayu), Ph.D. Scholar
08	Area of specialization	Ayurveda Siddhant
09	Professional Experience	UG: 12 Years 4 Months PG: - Ph.D: -
10	Publications	
	A) Books	-
	B) Article s/ Papers	8 Article publications in reputed journals and 1 in scopus journal (Specialusis Ugdymas) and 1 in Web of Science (Advances in Bioresearch) - 15 Scientific Paper Presentations at National and International conferences - Received I Prize for scientific paper presentation on “Role of Brahmi Muhurta in the prevention of Lifestyle disorders” at National Conference on “Lifestyle disorder” organised by Department of Kriya Shareera, Tilak Maharashtra Vidyapitha Pune, Maharashtra in the year 2019
11	Seminars / Workshops	Attended around 30 seminars and workshops Faculty Development Programme- 4
12	CME / ROTP Participation	CME – 3
13	Guest Lectures	Guest Lectures as a Resource Person- 15

	/ Keynotes	
14	Awards / Citations	-
15	Community Work	<p>Free General Health Check-up camps</p> <ul style="list-style-type: none"> - Public awareness camp on Ayurvedic Ahara. - Public awareness camp on importance of knowing Deha Prakruti and Ahara-Vihara according to their Prakruti. - Exhibition of working models of human physiology for CBSC school children. - Camps and awareness talk on the eve of Har Ghar Har Din Ayurveda and Azadi Ka Amrit Mahotsava -2022 - Swarna Bindu Prashana Camps -Desh Ka Prakriti Pareekshan Abhiyan Coordinated by Dept. of Kriya Shareera under the Ministry of Ayush, Govt. of India.
16	Miscellaneous	<ul style="list-style-type: none"> • I Professional BAMS Class Coordinator since 2017 • Editorial Board Member of RGUHS Journal of Ayush since June 2023. • Research Projects: <p>-Received 1,50,000/- for the project, “An experimental study to assess the role of Asana (<i>Pterocarpus marsupium</i>) in Abaddha Meda (Dyslipidemia)” funded by BLDE Deemed to be University, Vijayapura in the year 2020</p> <p>-Guided UG short term Project of RGUHS Bangalore on “To analyze the relation between Deha Prakruti and variables of Lipid Profile” and received 15,000/- grant in the year 2020.</p> <p>Co -Investigator for the project-</p> <ol style="list-style-type: none"> 1) A Comparative Clinical Study to Evaluate the Effect of Trikatu Choorna and Trimad Choorna in the Sthoulya with special reference to Pulmonary Function Test and Lipid Profile 2) Evaluation of Anti-Amnesic Activity of Vidang Choorna (<i>Embelia ribes</i> powder) in Scopolamine-Induced Memory Impairment in Rats, funded by BLDE Deemed to be University, Vijayapura in the year 2023 <ul style="list-style-type: none"> • Judge in the National and International Conferences

for the Paper and poster presentations competitions-

2

• **Worked as Member in various committees:**

- Member, SABALA (Women Empowerment Cell)
- Member secretary - GRIEVANCE CELL
- Assistant Editor of College News Bulletin 'Ayurvedamruta' (for the year 2020 and 2021)
- College & Hospital Website (Assistant Editor)
- College Prospectus Editor (2019)
- Chief Organising Secretary for Value Added Course 'Ayurgenomics' conducted by Dept. of Kriya Shareera.
- Participated in organising many National, International Conferences, Workshops, Faculty Development Programmes, Skill Development Programme as Chief Organising Secretary, Organising Member etc. in the Institution.
- RGUHS Examination Deputy Custodian during the examination conducted on July-August 2024